



FOR IMMEDIATE RELEASE: August 22, 2024

Flu vaccine appointments now available at United Family pharmacies with flu season around the corner

WHAT: As the flu season approaches, United Family pharmacy teams are available to administer flu vaccines. Appointments can be made online today via the United Supermarkets, Albertsons Market, Market Street or Amigos app/website. During these appointments, pharmacists can also administer additional vaccines, including those for shingles, pneumonia, tetanus, HPV, and respiratory syncytial virus (RSV), which is approved for eligible adults ages 60 and up.

WHY: Vaccines are essential in helping prevent the transmission of viruses to help protect family members, friends, and neighbors from severe illness, particularly those who are most vulnerable to respiratory disease.

The [Centers for Disease Control \(CDC\)](#) recommends everyone six months of age and older, with few exceptions, receive an updated flu vaccine to minimize the risk of influenza and its potentially serious complications this fall and winter. According to the CDC, September and October are the optimal months for most people to get vaccinated but earlier flu vaccination in August is recommended for the following groups:

- Pregnant people who are in their third trimester can get a flu vaccine in August to protect their babies from flu after birth, when they are too young to get vaccinated.
- Children [requiring two doses](#) of the flu vaccine should receive their first dose as soon as it becomes available. The second dose should be administered at least four weeks after the first. • Vaccination can be considered for children who have health care visits this month if there might not be another opportunity to vaccinate them.
- Adults, particularly those aged 65 and older, as well as pregnant individuals in their first and second trimesters who may not be able to be vaccinated in September or October.

WHO: The United Family has pharmacy teams who are experienced in administering flu vaccinations and committed to making the process as seamless as possible. Pharmacists are also available to support individuals and families who may not have immediate access to a physician by addressing clinical-related questions, assisting guests in making informed healthcare decisions, offering consultations on vaccination history and recommending additional vaccinations that can be administered at the same time to ensure immunizations are up to date.

- For every immunization administered at a United Family pharmacy, recipients will receive a coupon eligible for 10 percent off their next grocery purchase up to \$100, and access to a free digital vaccine record. ([Terms apply.](#))

WHEN: Flu vaccinations are available now at all United Family pharmacies by appointment or walk in. Most locations offer convenient evening and weekend hours.

HOW: Guests can schedule appointments for up to five immunizations at once using The United Family's online scheduler, available on the grocer's app or website. The scheduler can also sort and

recommend age-appropriate vaccines.

PRESS ASSETS: Hi-res images linked [here](#).

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About The United Family®

In its 108th year of operation, United Supermarkets, LLC – d.b.a. The United Family® – is a Texas based grocery chain with stores in 54 communities in Texas and New Mexico. A self-distributing company with headquarters and distribution centers in Lubbock, The United Family currently operates 98 stores under five unique banners: United Supermarkets, Market Street, Amigos, Albertsons Market and United Express, along with ancillary operations R.C. Taylor Distributing, USM Manufacturing, United Food and Beverage Services and Llano Logistics. The company is a wholly-owned subsidiary of Albertsons Companies, Inc. For more information, please visit www.theunitedfamily.com.